



Chembur Education Society's
Chembur Sarvankash Shikshanshastra Mahavidyalaya

(Affiliated to University of Mumbai, Recognised by N.C.T.E.)

Phone : (O) 022 2527 2162, 2522 1439 (D) 2527 8225

Reaccredited 'A' by NAAC

Ref. No.: CSSM /

Date :

Best Practices Academic year 2016-17

1. Title of the practice: 'looking inward'

The context that required the institution of the practice: There are no two opinions about the fact that understanding oneself is an important aspect of learning. Knowing yourself is about knowing what makes you come alive. It means identifying what matters to you, your strengths and weaknesses, your behaviors, tendencies, and thought patterns. Once you know yourself, you can walk through the world with more confidence and care less about what people think, you can overcome your flaws by working on them. If you know yourself, you will be able to understand your own learning style, your goals, and be able to choose your career path, know your hobbies etc. Understanding one's own strengths and weaknesses is a first step to realise your own potential.

Education aims at making oneself independent thinkers, individuals who are able to take decisions and be responsible for them. When doing this, one actually should be reflecting, one should be able to know oneself and understand what we want in life. When we actually look around us, we realise that education has somewhere lost the track and we are not educating individuals but we are providing them with a lot of information about various disciplines; subjects. This needs to change and hence the practice.

Objectives of the practice

1. To develop holistic and integrated understanding about one's own self.
2. To inculcate the habit of reflective thinking.
3. To manage conflict effectively.
4. To connect the theoretical learning to practice.

The practice:

Education today is only information focused. In the era of competition developing your inner strengths, potentials is totally neglected. Keeping this in mind, the institution worked out on certain areas that will help the students to understand their own self. Looking within, knowing your own self, training ourselves to think critically and take appropriate decisions occupied the series of activities planned. We conducted a series of activities for the student- teachers that would challenge them, train them to reflect, and equip them to handle conflicts if any.

Principal

Chembur Sarvankash Shikshanshastra

Mahavidyalaya

R.C. Marg, Chembur, Mumbai - 400 071. Near Municipal Market, Chembur Naka, Chembur, Mumbai - 400 071.

Website : www.cssm.in E-mail : principal@cssm.in

Chembur Education Society : 022-2528 6146 / 2528 8752



Chembur Education Society's
Chembur Sarvankash Shikshanshastra Mahavidyalaya

(Affiliated to University of Mumbai, Recognised by N.C.T.E.)

Phone : (O) 022 2527 2162, 2522 1439 (D) 2527 8225

Reaccredited 'A' by NAAC

Ref. No.: CSSM /

Date :

Obstacles faced if any and strategies adopted to overcome them.

As this was a completely in house activity, there were no obstacles as such. The only problem was to find the time in the busy already heavily packed time table for this additional work, however, it was easy to overcome them as the students themselves started enjoying the activities and voluntarily waited beyond the time table to participate in the activities planned.

Impact of the practice:

A series of presentations, workshops, discussions activities etc. were organised on the understanding the self, conflict resolution, reflective practices etc. The student's feedback shows that these programmes promoted their self-reflection and conflict handling skills.

They reported that they:

- were able to take better decisions when faced with problems at practice teaching schools.
- felt more confident.
- could overcome self-doubt.
- learned to express themselves better.
- could make better choices.
- could bond better.
- live purposefully.
- understood self-worth.

Resources required:

No outside resources physical or human were required. In house faculty voluntarily conducted the entire series of activities.

About the institution

- (i) Name of the Institution: C S S Mahavidyalaya, Chembur
- (ii) Year of Accreditation: December 2016
- (iii) Address: R. C. Marg, Chembur, Mumbai 400071
- (iv) Grade awarded by NAAC: A
- (v) E-Mail: principal@cssm.in

Principal

Chembur Sarvankash Shikshanshastra
Mahavidyalaya
R.C. Marg, Chembur, Mumbai - 400 071

R. C. Marg, Near Municipal Market, Chembur Naka, Chembur, Mumbai - 400 071.

Website : www.cssm.in E-mail : principal@cssm.in

Chembur Education Society : 022-2528 6146 / 2528 8752



Chembur Education Society's
Chembur Sarvankash Shikshanshastra Mahavidyalaya

(Affiliated to University of Mumbai, Recognised by N.C.T.E.)

Phone : (O) 022 2527 2162, 2522 1439 (D) 2527 8225

Reaccredited 'A' by NAAC

Ref. No.: CSSM /

Date :

2. Title of the practice: Shifting Towards integrated society

The context that required the institution of the practice:

At the time of admissions, we came across many students who reported that they were confused when they filled the admission form asking them to tick the B. Ed course they want to do i.e. General or Special. Special B. Ed program trains teachers to teach in special schools where children with special needs go. Getting trained as a special educator and a general educator is totally different and demands different skill set too. However, the word special in the layman's vocabulary has a different meaning, and hence the confusion. This however initiated the thought process and we decided to work on giving proper clarity to our students about inclusive education. There are millions of children who are not able to get education because of their gender, social status, or their disability. This is harmful to the society as a whole. Inclusive education is important because it ensures access, same opportunities to all the children. It helps to break down the barriers and promotes equality.

Objectives of the practice

1. To bridge the gap between the curriculum and real life.
2. To get first-hand experience about inclusion by actually visiting a special school.
3. To sensitize the student teachers about the issues faced by special students and special schools in general.
4. To understand the curriculum and assessment adaptations for inclusive classrooms.

The practice

Field visit to a special school was organised by the institution. School for special students was identified, talks initiated and a proper field visit was taken. Students were taken around every classroom and special laboratories in the school. Every section oriented the students about the role they have. Seeing the Laboratory to check the severity of hearing impairment, the sections where the students learn to make saleable products, crafts, sewing etc. was an eye opening experience. Student –teachers were given an opportunity to interact with the special students too.

Principal

Chembur Sarvankash Shikshanshastra

Mahavidyalaya

R.C. Marg, Chembur, Mumbai - 400 071.

R. C. Marg, Near Municipal Market, Chembur Naka, Chembur, Mumbai - 400 071.

Website : www.cssm.in E-mail : principal@cssm.in

Chembur Education Society : 022-2528 6146 / 2528 8752



Chembur Education Society's
Chembur Sarvankash Shikshanshastra Mahavidyalaya

(Affiliated to University of Mumbai, Recognised by N.C.T.E.)

Phone : (O) 022 2527 2162, 2522 1439 (D) 2527 8225

Reaccredited 'A' by NAAC

Ref. No.: CSSM /

Date :

Obstacles faced if any and strategies adopted to overcome them.

Nil

Impact of the practice:

In order to get first-hand information about diversity, and inclusion the visit is organised to special school for hearing handicapped. The student teachers got to see that inclusive education is about creating a learning environment that is welcoming and supportive. They learned that the curriculum is relevant to the needs of all the students and teaching staff is properly trained. They also learned that Children with disabilities have shown to learn better when they were integrated with the mainstream classroom. These visits helped the learner to understand curriculum and assessment adaptations for inclusive classrooms.

Resources required:

The only resource required was the special school and we identified one in the locality. Other than that no resources were required. Student teachers and the faculty made to the venue on their own.

About the institution

- (i) Name of the Institution: C S S Mahavidylaya, Chembur
- (ii) Year of Accreditation: December 2016
- (iii) Address: R. C. Marg, Chembur, Mumbai 400071
- (iv) Grade awarded by NAAC: A
- (v) E-Mail: principal@cssm.in

Principal

Chembur Sarvankash Shikshanshastra
Mahavidyalaya
R.C. Marg, Chembur, Mumbai - 400 071.

R. C. Marg, Near Municipal Market, Chembur Naka, Chembur, Mumbai - 400 071.

Website : www.cssm.in E-mail : principal@cssm.in

Chembur Education Society : 022-2528 6146 / 2528 8752