



Chembur Education Society's

Chembur Sarvankash Shikshanshastra Mahavidyalaya

(Affiliated to University of Mumbai, Recognised by N.C.T.E.)

Telephone No. :

College : 022 - 2522 14 39

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Institution : 022 - 2528 87 52

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E-mail : principal@cssm.in

Website : www.cssm.in

Reaccredited 'A' by NAAC

R. C. Marg, Near Municipal Market, Chembur Naka, Chembur, Mumbai - 400 071.

Ref. No.: CSSM /

Date :

Best Practice 2 (Academic year 2023-24)
"Awareness programme on women safety and crime"

1. Title of the practice:

"Awareness programme on women safety and crime"

2. The context that required the institution of the practice:

In today's society, women continue to face various forms of violence and discrimination. From domestic abuse and sexual harassment to cyberbullying and online harassment, these issues pose significant threats to women's safety, well-being, and overall empowerment.

The recent Calcutta rape case has tragically highlighted the urgent need for increased awareness and action to combat violence against women. This horrific incident serves as a stark reminder of the pervasive threat women face in our society and the critical importance of creating a safe and just environment for all. Hence an awareness programme was thought to be of essence.

3. Objectives of the practice

- I. **Raise awareness:** Educate the student teachers about the different types of crimes against women, their prevalence, and the legal and social consequences.
- II. **To make the student teachers aware of the gravity of the problems against women.** Discuss the prevalence of sexual assault and other forms of violence against women in society, including statistics and real-life examples.
- III. **Promoting self-defence and safety strategies:** Teach practical tips for personal safety, such as situational awareness, self-defence techniques, and strategies for avoiding risky situations.
- IV. **Identifying risk factors and warning signs:** To Educate student teachers about common situations and behaviours that can increase the risk of violence.
- V. **Empower women:** Equip student teachers with knowledge, skills, and resources to protect themselves, recognize danger, and seek help when needed.





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4. Description of the Practice

The Nirbhaya Cell conducted a practice session on women's safety and crime prevention. The session focused on raising awareness about common safety concerns, such as sexual harassment, stalking, and domestic violence. Participants learned practical self-defence techniques, strategies for avoiding risky situations. The Nirbhaya Pathak from the local police station demonstrated and trained the student teachers in certain defence techniques.

5. Obstacles of the practice

There were no obstacles in organising this programme. It was a very smooth conduct in collaboration with the local police station.

6. Impact of the practice

Students in their feedback told that they understood the importance of precautions and that Women's safety is everyone's responsibility. They understood that violence against women is never acceptable, and that there are resources available to support victims of crime. The most important take away from the programme was that they felt confident and said that together, we can create a safer and more just world for women.

7. Resources required

Infrastructural facilities like hall, mike, open ground to practice defence techniques and resource persons to teach.

8. About the institution

- Name of the institution: C S S Mahavidyalaya, Chembur.
- Year of accreditation: December 2016
- Address: R.C. Marg. Chembur, Mumbai 400071.
- Grade Awarded by NAAC: A
- E-mail: principal@cssm.in

Principal

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